COVID-19 Winter Schedule

Senior	Intermediate A	Intermediate B	Junior	STAR Advanced	STAR Group	STAR Academy
Mondays (GTA)						
2:45-4:00pm FS	2:45-4:00pm FS	4:15-5:30pm FS	5:30-6:15pm FS	5:30-6:15pm FS	5:30-6:15pm FS	5:30-6:15pm FS
6:45-7:15pm Stroking	6:45-7:15pm Stroking			·		
7:15-8:30pm FS	7:15-8:30pm FS					
Tuesdays (CDA)						
2:45-3:45 FS	2:45-3:45 FS	5:15-6:00pm Zoom	5:15-6:00pm FS	5:15-6:00pm FS	5:15-6:00pm FS	5:15-6:00pm FS
4:00-5:00pm FS	4:00-5:00pm FS	7:00-7:45pm FS	6:45-7:30pm Zoom	6:45-7:30pm Zoom	6:45-7:30pm Zoom	6:45-7:30pm Zoom
5:00-5:15pm Stroking	5:00-5:15pm Stroking					
6:00-6:45pm Zoom	6:00-6:45pm Zoom					
Wednesdays (CDA)						
6:30-7:30am FS						
2:45-4:00pm FS	2:45-4:00pm FS	5:15-6:00pm FS	5:15-6:00pm FS	5:15-6:00pm FS		
4:15-5:00pm FS	4:15-5:00pm FS	6:00-6:15pm Stroking	6:00-6:15pm Stroking	6:00-6:15pm Stroking		
5:00-5:15pm Stroking	5:00-5:15pm Stroking	6:45-7:30pm Zoom				
6:45-7:30pm Zoom	6:45-7:30pm Zoom					
Thursdays (CDA)						
1:45-2:45pm FS	3:00-4:00pm FS	4:15-5:00pm FS	5:00-5:45pm FS	5:00-5:45pm FS	5:00-5:45pm FS	5:45-6:30pm
3:00-4:00pm FS	6:00-6:30pm Zoom	5:00-5:30pm Stroking	6:30-7:15pm Zoom	6:30-7:15pm Zoom	6:30-7:15pm Zoom	
6:00-6:30pm Zoom		6:30-7:15pm Zoom				
Fridays (CDA)	Fridays (CDA)	Fridays (CDA)				
6:30-7:30am FS	6:30-7:30am FS	6:30-7:30am FS				
Saturdays (GGA)						
10:30-11:00am Zoom	10:30-11:00am Zoom	10:30-11:00am Zoom	10:00-10:30am Zoom	10:00-10:30am Zoom	10:00-10:30am Zoom	10:00-10:30am Zoom
2:15-3:00pm FS	1:00-1:15pm Stroking	1:00-1:15pm Stroking	12:15-1:00pm FS	12:15-1:00pm FS	12:15-1:00pm FS	12:15-1:00pm FS
	1:15-2:00pm FS	1:15-2:00pm FS	1:00-1:15pm Stroking	1:00-1:15pm Stroking	1:00-1:15pm Stroking	1:00-1:15pm Stroking
Sundays (GTA)	Sundays (GTA)	Sundays (GTA)	Sundays (GTA)	Sundays (GGA)	Sundays (GGA)	Sundays (GGA)
9:15-10:00am FS	9:15-10:00am FS	11:00-11:15am Stroking	11:15-12:00pm FS	1:30-3:00pm FS	1:30-3:00pm FS	1:30-2:30pm FS
10:15-11:00am FS	10:15-11:00am FS	11:15-12:00pm FS	12:00-12:15pm Stroking			
11:00-11:15am Stroking	11:00-11:15am Stroking					

GTA=Grand Trunk Arena / CDA=Castle Downs Arena / GGA=Glengary Arena

FS=Freeskate					
Tuesdays (Zoom Ballet)	Please follow this following schedule until further notice!				
Wednesday/Thursdays (Zoom Fitness)					
Saturday (Zoom Jumps)					